# Fifteen ways of looking at a pointing gesture

# Kensy Cooperrider

Abstract: The human pointing gesture may be viewed from many angles. On a basic description, it is an intentional movement, often of the hand, by which one person tries to direct another's attention toward something; it is, in short, a bodily command to look. But this definition is only a start. Pointing may also be seen as a semiotic primitive, a philosophical puzzle, a communicative workhorse, a protean universal, a social tool, a widespread taboo, a partner of language, a part of language, a fixture of art, a graphical icon, a cognitive prop, a developmental milestone, a diagnostic window, a cross-species litmus test, and an evolutionary stepping-stone. A tour of these fifteen ways of looking at pointing reveals the diverse dimensions of one of our most unassuming, ubiquitous behaviors. It also reveals a series of dualities that make the gesture especially compelling: it is at once natural and irreducibly cultural; simple yet put to sophisticated purposes; by turns salient and subtle; and is—in its prototypical form, with the index finger extended—special in some ways and not so special in others. These tensions in part explain why pointing has been treated so widely and variously across disciplines. But there is also, I propose, a deeper reason: The gesture embodies our distinctively human preoccupation with attention.

Keywords: indicating; deixis; reference; communication; culture; child development; animal communication

# 1. Introduction

Leonardo da Vinci had a number of fascinations: trees, water, shadows, optics, anatomy, geometry, and, according to a recent biographer, the human pointing gesture (Isaacson, 2017). In several of his paintings and sketches (see Figure 1), figures aim their index fingers upward or outward, often toward something out of frame. In *The Last Supper* (1495-96), the apostle Thomas points to heaven; in the Paris version of the *Virgin of the Rocks* (1483-86), a winged angel points to the left; in *A Woman in a Landscape* (1518-19), sometimes known as the "pointing lady" sketch, a solitary subject points rightward; in *Saint John the Baptist* (1513-16), the figure directs a beguiling smile at the viewer and a swooping finger at the sky. The upward pointing gesture, considered an allusion to the divine, was a signature of Leonardo's. When the painter Raphael paid homage to Leonardo in his *School of Athens* (1509-11) fresco, he portrayed Plato in Leonardo's likeness and depicted him pointing up (Isaacson, 2017, p. 449).

Why would a mind that compassed and canvassed so much take interest in such an apparently unremarkable gesture? We can only guess. He likely recognized the capacity of pointing to wrench a viewer's attention—a capacity that, as a painter, he could appreciate and exploit. Maybe he also understood the gesture's powerful role in social interaction, its central place among the forms of bodily communication he studied throughout his life. Perhaps his fascination with pointing also grew out of his fascination with the postures of the human hand. More speculatively, he may have sensed something enigmatic about the gesture. As one scholar suggested: "Mystery to Leonardo was a shadow, a smile, and a finger pointing into darkness" (Clark, 1993, p. 250).



**Figure 1.** A selection of pointing gestures in the art of Leonardo da Vinci. *Top left*: Detail of *The Last Supper* (1495-96) mural in which the apostle Thomas points upward (Image: public domain). *Top right*: Detail of the *Virgin of the Rocks* (1483-86) painting (Paris version), depicting an angel pointing to baby Jesus (out of frame) (Image: public domain). *Bottom left*: Detail of a sketch known as a *Woman in a Landscape* (1518-19) (Image: Royal Collection Trust / © Her Majesty Queen Elizabeth II 2019). *Bottom right*: Detail of the painting *Saint John the Baptist* (1513-16) (Image: public domain).

Whatever the reason, Leonardo is hardly the only one to see something special in pointing. Philosophers, anthropologists, linguists, psychologists, semioticians, educators, primatologists, and neurologists have all keyed on the gesture at one time or another. Pointing enters into discussions about child development and signed languages, about neurological disorders and cross-cultural etiquette, about the nature of meaning and what makes humans unique; it features in diagnostic manuals, philosophical treatises, travelers' accounts, and even animal training handbooks. These diverse treatments show that, for such a seemingly simple behavior, pointing proves to be remarkably multilayered. Here I examine the major ways that pointing has been—and can be—viewed. Beyond providing a panoramic portrait of a major human behavior, this examination aims to connect previously disconnected observations; to identify recurring themes in the treatment of pointing across quarters; to highlight overlooked observations; and to draw out new insights, thorny issues, and open questions.

But, first, what is the pointing gesture? How might we define it? On a basic definition, pointing is a bodily movement by which one person tries to direct another's attention toward some target (Cooperrider et al., 2018; see also Clark, 2003; Eco, 1976; Kendon, 2004); it does this by a "movement toward" that target (Eco, 1976, p. 119). Put informally, pointing is a bodily command to look. In many cultures, the gesture prototypically takes the form of an extended arm and index finger, and much of the research to date centers on index-finger pointing. As we will see, pointing comprises a much broader class of bodily actions, involving not just the hands but also the head, face, and even tools; but, as we will also see, there are certain ways in which index-finger pointing does indeed stick out.

Three aspects of the present definition bear comment, as they help distinguish pointing from neighboring phenomena (see Table 1). A first is that pointing movements are overtly designed to direct attention-they are what is often called "ostensive" (see, e.g., Moore, 2016; Scott-Phillips, 2014; Wharton, 2009). When people are communicating, they do things like shift their gaze, turn their heads, twist their torsos, and reach toward objects around them. Attending actions like these make clear what the mover is attending to; they "give off" information about the mover's attentional state (Goffman, 1959). But pointing is different: it is a means by which people openly "give" information about their attentional state and, in doing so, try to manipulate the attentional states of others. A second key aspect of the present definition is that pointing involves a "movement toward," which projects a vector or other "imaginary form" toward a target (Hassemer & McCleary, 2018; Talmy, 2017). Importantly, there are other ways of directing attention to things: one can tap an object, hold it out, brandish it, or move it into someone's attentional field (Clark, 2003). Such presenting gestures are not pointing as typically understood, but sit alongside it within a broader class of indicating gestures. A third important aspect—albeit an implicit one—is that the primary function of pointing is to direct attention; it may have other secondary functions, as discussed below (especially \$2.5), but attention-direction is paramount (Kendon, 2004). Pointing thus contrasts with other spatially anchored gestures—beckoning and begging, for instance—that involve directing attention to a target but only in the service of some other function (e.g., beckoning a particular person). Finally, it bears emphasis that, though pointing commonly-and prototypically-involves an extended index finger, this is an incidental feature. Gestures that involve index finger extension but do not point in the way just laid out are what we might call *pseudo-pointing*.

| Class of behaviors         | Description  | Examples  |
|----------------------------|--|---|
| Pointing gesture           | A bodily action in which someone<br>overtly tries to direct attention to a<br>target by "moving towards" it. Like<br><i>presenting</i> , it is a form of indicating.   | index-finger pointing; whole-<br>hand pointing; head-pointing;<br>lip-pointing      |
| Attending action           | A bodily action that reveals where<br>someone is attending. Unlike <i>pointing</i> ,<br>not overtly intended to direct<br>attention.   | gazing; turning head; turning<br>torso; reaching                                    |
| Presenting gesture         | A bodily action in which someone<br>overtly tries to direct attention to a<br>target. Like <i>pointing</i> , it is a form of<br>indicating, but unlike <i>pointing</i> , it does<br>not involve a "moment toward." | showing; offering; tapping;<br>placing  |
| Spatially anchored gesture | A bodily action that involves directing<br>attention to a target. Unlike <i>pointing</i> ,<br>attention direction is not its primary<br>function.  | beckoning; begging; palm-<br>presentation gestures; "halt"<br>gestures              |
| Pseudo-pointing            | A bodily action that uses the index-<br>finger extended handshape but does<br>not involve <i>pointing</i> .  | "nomination deictic"; "semi-<br>pointing"; finger-tip probing;<br>shushing gestures |

**Table 1.** Comparing pointing with related behaviors

With a working definition now in hand, in the following extensive section I consider the different ways the pointing gesture has been-and may be-viewed. The separation of a vast body of research into distinct "ways of looking" is an inductive, selective, and inexact exercise: different "ways" could of course be identified; different numbers of ways and different orderings of these ways would be defensible. In some cases, the ways of looking I have selected correspond to well-developed literatures. Psychologists would recognize that pointing has attracted much attention as a developmental milestone (see §2.12) and as a behavioral point of comparison with other species (see §2.14). In other cases, I have grouped together observations about pointing that are related but do not (yet) correspond to a recognizable research tradition. For instance, while the primary function of pointing may be to help refer to things during communication, scholars have noted that pointing also sometimes serves social functions (§2.5) or primarily cognitive functions (§2.11). Beyond enumerating the major ways that pointing has been viewed, another goal of the present treatment is to identify themes and ideas that cut across these ways of looking. In §3, by way of conclusion, I briefly pull together some open questions and lay out several dualities that make the phenomenon of pointing especially compelling. I close by revisiting the question of why Leonardo-among many others-found pointing so fascinating.

# 2. The fifteen ways

In the present section I consider fifteen major ways that pointing has been understood. The treatment is organized along thematic and disciplinary lines. I begin with how pointing is understood in semiotics and philosophy; then turn to how it is seen in multimodal interaction research and anthropology; next to how it is understood in linguistics; then to how it figures in art and visual culture; and, finally, to how it is seen across various subfields of cognitive science. A clear disadvantage of such a whirlwind treatment is that it favors breadth over depth; a possible advantage is that, by juxtaposing different traditions, new connections and larger themes emerge.

### 2.1. A semiotic primitive

Pointing has often been singled out as one of the most basic ways a person can convey information to another. Wundt considered pointing "not only the simplest, but also the most primary gesture in the effort to communicate" (Wundt, 1973, p. 74). Wittgenstein wrote: "If I want to show a person the way I point my finger in the direction he is to follow, and not the opposite one… It is in human nature to understand pointing a finger *in this way*. And thus the human language of gestures is in a psychological sense primary" (Wittgenstein, 2005, p. 46, original emphasis). Collinson (1937) summarized the idea of pointing as a semiotic primitive plainly: "The simplest and most universal form of communication is gesture and the simplest kind of gesture is the act of pointing" (p. 17). Remarks like these belong to a long tradition in which pointing has been considered "ontologically primeval" (Haviland, 1993, p. 12).

The idea that pointing is "primitive" is found, not only in scattered comments, but also in ambitious theories of the nature of meaning. For Charles S. Peirce, one of the progenitors of semiotics, pointing exemplified one of three fundamental sign types (Peirce, 1940; see Goudge, 1965). In his framework, these types differ in how they evoke their objects: *icons* bring to mind their objects because they resemble them; *symbols* bring to mind their objects because of a learned association; and *indices* like pointing "direct attention to their objects by blind compulsion" (Peirce, 1940, p. 180). Elsewhere Peirce elaborated: "The index asserts nothing; it only says 'There!' It takes hold of our eyes, as it were, and forcibly directs them to a particular object, and there it stops" (Peirce, 1933, CP 3.361). Though Peirce considered the pointing gesture the "type of the class," he was not particularly focused on human communication. His trichotomy, however, has since been taken up by those who are. Clark (2003, 2016) distinguished three basic methods of human communication—*depicting* or *demonstrating* (using icons), *describing* (using symbols), and *indicating* (using indices)—while also emphasizing that these methods very often occur in combination (see also Enfield, 2009; Ferrara & Hodge, 2018). On Clark's account, one can indicate in a variety of ways—by brandishing or tapping an object (see Table 1)—but pointing is an exemplar of the broader class.

A related tradition treats pointing as a paradigm case of joint attention, the condition in which two or more people are attending to something together (Kockelman, 2005; Tomasello, 2008). In turn, such accounts view joint attention as an "exemplar of semiosis" and a "condition of possibility for language socialization and cultural socialization more generally" (Kockelman, 2005, p. 237). Seen this way, as a sign of our species' capacity for joint attention, the pointing gesture becomes implicated in the very foundations of meaning-making.

Outside of such theoretical treatments, the idea of pointing as a "semiotic primitive" also emerges in practical discussions. In 1800 Joseph-Marie Dégerando, a French philosopher and protoanthropologist, published a guidebook for European travelers who wished to observe "savage peoples" in distant lands (Dégerando, 1800/1969). When encountering natives, he advised, it is best to rely on the "language of action"—that is, gestures. He noted that indicating gestures are the ones whose "effect is most sure, and least subject to ambiguity." He continued: "We must think to describe only when we cannot *point out*" (p. 71; original emphasis). Many participants in "first contact" scenarios seem to have intuited Dégerando's advice (Hewes, 1974; see also Bonvillian et al., 2009). Martin Frobisher, traveling in the Arctic in the 1500s, described how a native interlocutor conveyed that his party would return in three days by "making signes with three fingers, and pointing to the Sunne" (quoted in Hewes, 1974, p. 10). Commodore Byron, describing an encounter with the indigenous inhabitants of Patagonia in 1764, recorded: "During our pantomimical conference, an old man often laid his head down... and afterwards pointed first to his mouth, and then to the hills, meaning, as I imagined it, that if I would stay with them till morning they would furnish me with some provisions" (quoted in Hewes, 1974, p. 20). In situations like these, with no shared communicative conventions in place, pointing proves preeminently handy.

In sum, across both ambitious theoretical treatments and practical discussions, pointing has often been treated as foundational to meaning-making—as a kind of semiotic building block or "primitive."

### 2.2. A philosophical puzzle

Simple as it may seem, others have stressed that pointing is less than straightforward. Consider the act of trying to teach someone the meaning of a word by pointing out what it refers to. This is known as *ostensive definition*, and it has long been a philosophical fixation. An early mention of the importance of ostension in language learning appeared in St. Augustine's *Confessions*, written around 400 CE: "When [my elders] named some object, and accordingly moved towards something, I saw this and I grasped what the thing was called by the sound they uttered when they meant to point it out" (Augustine, 1996, I.8). Wittgenstein quoted this passage at the outset of his *Philosophical Investigations*, and then proceeded to question whether one could really learn language in this way. How, he wondered, could one convey something's properties simply by pointing to it? "Point to a piece of paper.—And now point to its shape—now to its colour... How do you do it?" (Wittgenstein, 1953, section 33). The target of the point is always the same, after all; only its intended meaning changes.

Quine later elaborated on such worries. He invited readers to imagine themselves in the company of a speaker of an unfamiliar language. As a rabbit hops past, your companion cries "Gavagai!" Can you assume that gavagai means 'rabbit'? And can you confirm that it means 'rabbit' by pointing to other hoppers-by and asking: "Gavagai?" Unfortunately not, argued Quine, as the meaning of the word, despite the gesture, is hopelessly underdetermined: "Point to a rabbit and you have pointed to a stage of a rabbit, to an integral part of a rabbit, to the rabbit fusion, and to where rabbithood is manifested" (Quine 1960, p. 52-53). Anecdotes abound about how pointing gestures in Gavagai-like scenarios have been misconstrued. Reportedly, the indri lemur of Madagascar got its name when a French naturalist, Pierre Sonnerat, recorded a native guide shouting "Indri!" while pointing to one of the animals. But *indri* in the native language, Malagasy, simply means 'Look there!' (see Clark & Sengul, 1978). The truth of this anecdote remains debated. Hacking (1981) claimed to debunk the story and questioned whether there has ever been such a "malostension." But the veracity of such stories is beside the point: what is crucial is the observation that a pointing gesture does not single-handedly identify a referent. All it does is say "look in this direction and infer what I'm getting at" (see Tomasello et al., 2007). Pointing is, again, a movement towards a target, but as Peirce put it, "there it stops" (Peirce, 1933, CP 3.361).

Pointing is puzzling enough when it aims to pick out something right there for all to see—what Quine (1968) referred to as *direct ostension*. The puzzles multiply when someone points to something right there as a way of referring to something that is not—what Quine dubbed *deferred ostension* (Borg, 2002; Nunberg, 1993). Quine's examples of the latter involve someone pointing to a car's gas gauge to refer to the gasoline, or pointing to grass to refer to the abstract property of green-ness. Elsewhere, deferred ostension has been called "metonymic pointing" (Cooperrider, 2014; Le Guen, 2011). The idea is that what is actually pointed to—referred to here as the *target*, whether person, object, or region of space—serves as a metonymic portal to what is meant—here, the *referent*. A commonplace example occurs when a person points to their own chest (target) when referring to 'we'

(referent) (Cooperrider, 2014).<sup>1</sup> The fact that people point metonymically in this way makes the meaning of "Gavagai!" all the more inscrutable. It could mean 'brown,' 'furry,' 'animal,' or 'lunch,' among countless other associated concepts (Tallis, 2010).

In sum, simple as the gesture may seem, the transparency of pointing is—at least sometimes an illusion.

#### 2.3. A communicative workhorse

Primitive perhaps, puzzling sometimes—but one thing that is inarguable about pointing is that it is pervasive. The gesture is a workhorse of everyday communication. It has been studied in contexts such as direction-giving (Kita, 2003; Kita & Essegbey, 2001), doctor-patient interactions (Gerwing & Li, 2019), work meetings (Mondada, 2007), guided tours (Kendon, 2004), museum visits (Windhager et al., 2011), archaeological digs (Goodwin, 2003), talk show interviews (Cooperrider, 2014), and mathematics lectures (Alibali et al., 2011; Knoblauch, 2008), and it no doubt pervades countless other contexts. In settings like these, pointing may in fact be the most commonly used gesture type of all, more common than iconic gestures that depict or emblems like the "thumbs up" that rely largely on convention. One group of researchers filmed 25 Aka men in the Central African Republic who were gathered to cook and socialize, and found that pointing accounted for more than 60% of their gestures (Robira et al., 2018). Similarly, Alibali et al. (2011) examined math lectures in the United States and Japan and found that indicating—in particular pointing and presenting gestures—accounted for 57% of teachers' gestures.

Why is pointing so pervasive? The answer likely lies in its several virtues. One is *efficiency*: Pointing can sometimes offer a degree of spatial precision that is difficult to verbalize (Bangerter, 2004), helping single out a specific mountain on the horizon, or a particular fish in an aquarium. Another virtue is *flexibility*: Joined with a bit of imagination, pointing is remarkably far-reaching, hardly limited to what is visible and concrete. People readily point through walls (Bühler, 1990); they point to temporal landmarks (Cooperrider et al., 2014), and to other entities that exist only in the imagination (McNeill et al., 1993; Stukenbrock, 2014); they point as if from somewhere other than where they are standing (Haviland, 1993); they point to now-empty locations to refer to what was previously there (e.g., Bohn et al., 2015); and they point to metonymic portals, as discussed in §2.2—to the gas gauge to refer to gas but also to a person's house to refer to the person (Levinson, 2007) or to a location on the sun's arc to refer to a time of day (Floyd, 2016). A third virtue, shared with all gestures, is that pointing is quiet, and so can be used in situations where speech would be ill-advised—for instance, to request the salt without interrupting the dinner conversation or to communicate the presence of prey to one's hunting party without alerting the prey (Hindley, 2014).<sup>2</sup>

Pointing is not only widely used, but also widely understood. Children begin to extract meaning from the gesture at a young age (Thompson & Massaro, 1986), as early as 9 to 12 months old (Behne et al., 2012; Krehm et al., 2014), and, in fact, children soon rely on pointing more than words when the two are in conflict (Grassmann & Tomasello, 2010). So effective is pointing in reorienting children's attention that mothers in the village of Gapun, in Papua New Guinea, try to quiet fussy

<sup>&</sup>lt;sup>1</sup> Even a point to the chest with I arguably involves a metonymy, as a conventional location stands for the abstract concept of *self*. Such an interpretation becomes more compelling when we consider that, in some communities, one can refer to the self by pointing to a different conventional location: the nose (e.g., Davis, 2010).

<sup>&</sup>lt;sup>2</sup> Pointing may be quiet but is not particularly visually discreet, at least not in its prototypical form. Many have suggested this may be a motivation for non-manual forms of pointing (see  $\S$ 2.4), which are less conspicuous (e.g., Orie, 2009).

infants by pointing into the jungle at non-existent pigs (Kulick, 2019). In adults, pointing is processed automatically (Langton & Bruce, 2000)—as if by "blind compulsion," as Peirce noted—and with a remarkable degree of precision (Bangerter & Oppenheimer, 2006; Cooney, Brady, & McKinney, 2018). It speeds communication, helping viewers arrive more quickly at an intended referent (Louwerse & Bangerter, 2010). Viewers also take pointing gestures into account when interpreting what a vague utterance means: They will read a comment like *The flies are out* as an indirect request if it is accompanied by a point to an open screen door (Kelly et al., 1999). Addressees even process points to empty space: If a speaker regularly points to the left when talking about Shakespeare and the right when talking about Goethe, a later change in spatial assignment will confound them (Gunter & Weinbrenner, 2017; see also Gunter, Weinbrenner, & Holle, 2015). Similar effects have been found in children as young as 7-8 years old (Smith & Hudson Kam, 2012). Addressees also appreciate metonymic pointing. Floyd (2016) showed that Nheengatú speakers extracted the time of day from points to the sun's arc; they also tended to repeat the pointing gesture when asked what a speaker "said" and to quietly correct it when it was inaccurate.

Pointing serves as a communicative workhorse even-perhaps especially-when spoken communication is not possible. It pervades cultural contact scenarios, as discussed in §2.1 (Hewes, 1974). Goodwin (2003) described the case of Chil, a severely aphasic man who managed complex utterances and narratives with just a few words (yes, no, and) and a lot of points. Pointing is a fixture of the sign systems used in work environments where speech is difficult, such as the sawmill languages of British Columbia (Meissner et al., 1975). It is also a cornerstone of "homesign"—the gestural systems of communication that profoundly deaf individuals create when they cannot access spoken language and are not exposed to a conventional signed language like American Sign Language (ASL) (Goldin-Meadow & Mylander, 1984; see also Kendon, 1980a, 1980b, 1980c). Points remain prominent as signed languages grow (in number of signers) and become increasingly codified. A corpus analysis of Kata Kolok, a village sign language in Bali, found that 16% of signs were pointing signs (De Vos, 2014). Comparable percentages have been reported in Auslan (Johnston, 2013a) and ASL (Morford & MacFarlane, 2003). In fact, the most frequent sign in several signed language corpora is a pointing sign: the first-person pronoun, consisting of an index-finger point to the chest (e.g., Fenlon et al., 2014). Pointing is also incorporated into the tactile signing practices used by deafblind people (Edwards, 2015; Kusters, 2017).

Invariably, across settings and cultures, and across both spoken and signed communication, pointing proves to be an indispensable "workhorse."

### 2.4. A protean universal

Wherever you go, people point; the gesture is, by all accounts, universal across cultures (Cooperrider et al., 2018; Eibl-Eibesfeldt, 1989). And wherever you go, people point at least sometimes with the extended forefinger.<sup>3</sup> Again, this is the canonical form of pointing in many places, and, accordingly, speakers of many languages refer to the forefinger as the "index finger" or "pointer finger." (The word *index*—along with *indicate*, *deixis*, and *deictic*—traces to a Proto-Indo-European root meaning 'to show' ["index," n.d.]). Such labels for the forefinger are found not only in English and European languages but also around the globe, such as in Iranian (Filippone, 2010), Turkic (Yong-Song, 2016), and Amerindian languages (Trumbull, 1874). Why is the index finger used for this purpose, as opposed to some other digit? Some researchers have noted that when the human arm is held vertically

<sup>&</sup>lt;sup>3</sup> There is at least one informal report of a group in Papua New Guinea that never points with the index finger (discussed in Wilkins 2003, p. 176). Absence is notoriously difficult to demonstrate, however, and impossible to demonstrate with informal reports.

and the hand is allowed to dangle, the index finger sticks up relative to the other digits (Povinelli & Davis, 1994).<sup>4</sup> Whatever the reason, it is clear that when humans need to extend a single finger, it is the forefinger that they prefer. A survey of ten signed languages found that signs that involve extending a single digit overwhelmingly involve extending the index finger; the little finger is a distant second (Woodward, 1982). As mentioned, the association between pointing and the forefinger is so strong that people sometimes label *any* gesture that involves forefinger extension "pointing." One example is the rhetorical gesture that involves poking the digit upwards while raising an important consideration or new insight. Kendon (2004, p. 142) dubs this the "nomination deictic" and Inbar (2023) considers it a form of "abstract deixis." While the gesture may be "deictic" in the loose sense that it calls attention to an idea or statement, it does not do this by "moving toward" that idea in space, and is thus a form of pseudo-pointing (see §1 and Table 1).

Prototypes aside, pointing is remarkably protean. The core function of pointing, again, is to direct a viewer's attention, and this can be done using any number of body parts in different configurations. The whole hand is an obvious choice, and children use this form of pointing frequently (e.g., Cochet & Vauclair, 2010), as do adults in certain contexts (Flack et al., 2018). When English speakers point to themselves, they usually use the whole hand, sometimes pressing it against their chest (Cooperrider, 2014). Blind speakers favor pointing with the whole hand over the index finger, as do sighted people when blindfolded (Iverson & Goldin-Meadow, 2001). Even when extending digits, other configurations are possible. When pointing to something at one's back, the thumb serves well (Kendon, 2004, p. 218-22). At Disney resorts, employees are trained to point with the index and middle finger joined together, putatively in imitation of Walt Disney's signature cigarette-in-hand pointing technique (Luu, 2017). Genie, a child who was horrifically deprived of any language or communication from a very young age, favored pointing with her middle finger (Looney & Meier, 2014).

Several have argued that the form of one's pointing gesture is not an arbitrary choice but reflects what one is doing in discourse (Kendon & Versante, 2003; Kendon, 2004), or how one is construing what one is pointing to (Cooperrider, 2011). On these accounts, the index finger is well suited to singling out a focal object (Kendon, 2004), while a full-hand sweep, for instance, may be better suited for indicating a broad area, such as a mural or group of people (Cooperrider, 2011).<sup>5</sup> In fact, even an apparently basic index-finger pointing gesture can be enriched in certain ways that alter its interpretation, such as by adding a circling motion (e.g., Kobayashi et al., 2022). Several scholars have proposed rich taxonomies of forms of pointing; these taxonomies show how, through a combination of handshape and motion pattern, people evoke referents of astounding variety (Hassemer & McCleary, 2018; Talmy, 2017). In many such cases, the point does not merely direct attention to a target, it also characterizes it (e.g., Kendon & Versante, 2003), thus combining in one gesture the two basic methods of indicating and depicting (e.g., Ferrara & Hodge, 2018).

When we look across communities, variations in pointing form multiply. There are no reports of a culture that favors pointing with some finger *other* than the index, but this digit may not be equally privileged everywhere. Among the Arrente, an Aboriginal Australian group, some pointing handshapes have dedicated purposes: The "horned hand," for instance, is conventionally used when indicating the general direction in which a place lies, rather than the path used to get there (Wilkins, 2003). Khoisan hunters use different handshapes to point out different kinds of things, for instance using a thumb pressed into the index finger to indicate animal tracks (Hindley, 2014). In the Casamance region of West Africa, people sometimes emphasize a point by accompanying it with a

<sup>&</sup>lt;sup>4</sup> In some languages, the forefinger is also known as the "one who stands erect," perhaps alluding to this biomechanical fact (Filippone, 2010).

<sup>&</sup>lt;sup>5</sup> In his Gavagai musings, Quine (1968, p. 189) suggested that one might "indicate the whole rabbit with a sweeping gesture."

finger snap (Krajcik, 2017). In many parts of the world, people point to more distant targets with the arm pitched sharply upward. This convention—reported in Australia (Wilkins, 2003), Madagascar (Sibree, 1884), and Mesoamerica (Mesh, 2021), among other places—likely stems from the fact that further locations appear to be higher up in the visual field. The gesture greatly exaggerates this apparent height, however, sometimes aiming almost vertically (Mesh, 2021).

Hands and arms are not the whole story, either. Another natural choice for pointing is the head. Particularly when the hands are occupied, people point by nodding, tossing, or jutting their heads toward targets (Emmorey & Casey, 2001; McClave, 2000; Mesh et al., 2023), a behavior that has been proposed as a human universal (McClave et al., 2007). Certain cultures accompany their head points with conventional facial actions. The most widespread of these is lip-pointing, which involves pursing, protruding, or funneling the lips while looking toward a target of interest; the gesture is globally distributed, with scholarly studies of its use in Panama (Sherzer, 1973), Laos (Enfield, 2001), Peru (Mihas, 2017), Australia (Wilkins, 2003), Nigeria (Orie, 2009), and China (Li & Cao, 2019), among many other in-passing mentions and informal discussions. Another form of conventional facial gesture is nose-pointing, found in parts of Papua New Guinea (Cooperrider & Núñez, 2012; Kendon, 1980b). It involves scrunching the face together while aiming the gaze toward a target (see Figure 2). Importantly, all these forms of non-manual pointing involve some marked movement feature—e.g., tossing or nodding in the case of head-pointing, scrunching in the case of nose-pointing-that identify the action as ostensive (see Royka et al., 2022). In other words, such signal-establishing features, as we might call them, convert ordinary attending actions into actions recognizable as pointing (see  $\S1$ ).

Ethnographers have sometimes reported that non-manual pointing is not merely present in a given community, but is *preferred* over manual pointing (e.g., Bailey, 1942; Everett, 2005; Sherzer, 1983; Sibree, 1884). But only recently have preferences for manual versus non-manual pointing been directly assessed (Cooperrider et al., 2018; Li & Cao, 2019). Using a referential communication task, Cooperrider et al. (2018) quantified pointing preferences among the Yupno, a group in Papua New Guinea that uses nose-pointing; in contrast to Americans, who strongly favored the index finger, Yupno people were equally like to point non-manually or manually. Beyond fingers, hands, and heads, there are still other options for pointing—whether with a laser pointer in modern lecture halls, or a machete in the Brazilian hinterland (Floyd, 2016).

In sum, though universal and ubiquitous, pointing is also remarkably protean, taking on different guises in different contexts and communities.



**Figure 2.** Two forms of pointing common in the Yupno valley of Papua New Guinea. *Top*: A Yupno man points with an extended index finger to a depiction on the ground (Image: author). *Bottom*: A Yupno man (left) nose-points toward an object by directing his gaze and scrunching his face together, a conventional form of pointing in parts of Papua New Guinea (Image: author).

# 2.5. A social tool

No matter its form, pointing—by definition—primarily functions to direct attention. But it can also serve other functions at the same time. For instance, it can add shadings of social meaning to a referential act, particularly when the target of the point is a person. One of the first close observers of gesture, the classical rhetorician Quintillian, noted that pointing is used not only in indication but also in "denunciation" (Quintillian, 1922, Book XI). Eibl-Eibesfeldt (1989, p. 485) discussed a series of photos depicting a "pointing duel" between two !Kung boys. The threatening tone of pointing has

sometimes become the stuff of spectacle, as during the 1959 "Kitchen Debate" when Nixon and Khrushchev exchanged pointing jabs (Larner, 1986). In some places, pointing figures in "aggressive magic": It is believed someone can harm or kill another by pointing a finger or bone at them (Lewis-Williams, 1986; Roheim, 1925). The aggressive flavor of pointing may arise from its resemblance to stabbing (Roheim, 1925, p. 90-92) or, more generally, from the fact that it is conceived as projecting an arrow-like—and thus potentially puncturing—force.

The gesture is also associated with reprimand, mockery, and blame. Andrén (2010, p. 222) discussed the example of a young boy scolding a toy, presumably in imitation of having been scolded this way himself (see also Calbris, 1990, p. 118-9). Sherzer (1973) described how the Kuna of Panama use lip-pointing in the course of mockery. In ASL, the sign MOCK involves two hands pointing with the index finger, as do other signs that denote negative interactions between people (Roush, 2011). In both English and Chinese idioms, "finger pointing" serves as an image for accusing and blaming (Yu, 2000).

Pointing can also contribute positive shadings of social meaning. A speaker may point to the previous speaker as a way of showing agreement with what was just said (Healy, 2012; Holler, 2010)—a kind of bodily "Definitely!" Signers use pointing in the same way (Ferrara, 2020). In group conversations, people will point to a present party when referring to something that party said previously, a form of nonverbal "citation" (Bavelas et al., 1992). Pointing is also deployed in greeting, as a jokey way of saying, "Hey there!" or "I see you!" (Sherzer, 1973). In the US at least, such jocular greeting points are sometimes accompanied by a wink, produced with two hands, or are made to look like shooting a gun; they are also common fodder for GIFs (see Figure 3).



**Figure 3.** Stills from GIFs in which pointing functions as part of a jocular greeting or acknowledgment. Such points may be produced with two hands, accompanied by winks, or embellished in other ways.

Pointing may also add social meanings even in cases where the target of the gesture is not another person. To at least some observers, pointing conveys a sense of authority: Children find people who point more credible than those who do not (Palmquist & Jaswal, 2012). Mondada (2007) described how, during collaborative work sessions involving shared artifacts, pointing gestures serve as a signal that one wants to hold the floor. The form of a pointing gesture itself may also do social work. A robust, forcefully articulated point may convey that the pointer assumes the addressee does not know the location of the target (e.g., a nearby school); in contrast, a meekly articulated point may convey that the pointer is not sure whether the addressee knows the location (Enfield et al., 2007).

Thus, as with many communicative signals, pointing has a basic referential function that can be enriched in context, taking on new shadings depending on who is pointing, how, and to what. Many of these shadings of meaning are social in nature.

# 2.6. A widespread taboo

As useful and ubiquitous as pointing is, it is often subject to prohibitions. This may be because of the negative shadings of aggression, reprimand, or mockery that it sometimes carries, as discussed in the previous section. Alternatively, it could be because pointing draws unwanted attention: It has been described as a way of "doing focused looking" (Kendon, 2009, p. 359) and a representation of gaze (Cappuccio et al., 2013), and is thus akin to staring.<sup>6</sup> Travel guides to various parts of the world often assert that pointing to people should be especially avoided (e.g., Rodgers, 2019). In fact, some have wondered whether a taboo on pointing to people might be universal (Dupoux, 2011)—or might have once been universal, as it is far from clear that such a taboo is still observed. Several studies have examined pointing to persons in Anglo-European communities (e.g., Fenlon et al., 2019; Healy, 2012), suggesting it is not particularly scarce. At the same time, there is evidence that speakers in such groups point *differently* when indicating people, favoring an open hand (Jarmołowicz-Nowikow, 2014; see also Fenlon et al., 2019). There seems to be an implicit, broadly shared idea that indexfinger pointing in particular is aggressive, and that less "pointy" forms largely avoid any negative meanings. This may be the deeper reason behind the two-fingered "Disney point," stories about Walt's pointing proclivities notwithstanding. It may also be why certain forms of pseudo-pointingsuch as rhetorical gestures involving an extended index finger-are considered ill-advised. The former US President Bill Clinton, who had a habit of wagging his index finger at the audience, developed an alternative rhetorical gesture, known as the "Clinton thumb" (Shwarz, 2015).

Beyond Anglo-European communities, taboos on pointing are sometimes taken quite seriously. In parts of Africa, pointing with the left hand is taboo, as the left side is associated with toileting and other profane functions. Kita and Essegbey (2001) studied this prohibition in Ghana by stopping people in the city of Keta, and asking for directions to nearby locations. The left-hand taboo had clear consequences: People would sometimes strain to point across their bodies with their right hand, or conspicuously tuck their left hand behind their backs, or join both hands together before pointing. Sometimes, while the right hand extended out to point, the left hand, though limp at the person's side, would quietly extend its index finger—a behavior the authors describe as "semi-pointing."<sup>7</sup> In Malaysia, people sometimes use a "forward thumb" handshape to point, to avoid the transgressive edge of the index finger (Mechraoui & Noor, 2017, p. 69). In some Aboriginal Australian groups, interactions between certain kin relations require circumspection; sometimes in these contexts people will thus point with an elbow, knee, or fist (Green, 2019). What all these varieties share is the apparent drive to "defang" finger pointing by using a blunter morphology—a phenomenon that Blust (2021) termed "avoidance deixis."

Many cultures also observe strict taboos about pointing to entities other than people. Among the Zulu, pointing toward objects associated with the ancestors is forbidden; pointing to crops will make them die, and the pointer's arm may become diseased (Raum, 1973, p. 437). In Madagascar it is prohibited to point with the index finger to whales, sharks, or large octopuses (Astuti, 1995). Among the Kedang of Indonesia, one should not point to Ursa Major, or to still-growing pumpkins (Barnes, 1973, p. 621). A particularly noteworthy example is the widespread taboo on pointing to rainbows (Blust, 2021). This taboo is also observed by the Kedang, who believe that by pointing to a rainbow one risks "having one's fingers permanently bent" (Barnes, 1973, p. 621). Similarly, in

<sup>&</sup>lt;sup>6</sup> Part of the logic of pointing—as discussed in §1—is that, unlike mere attending, it announces itself as *overt* attending.

<sup>&</sup>lt;sup>7</sup> Notably, this type of pseudo-pointing, in which the active pointing hand is mirrored by the inactive one, has also been observed in signed languages (e.g., Johnston, 2013a).

Hungary, it is said the offending finger will wither away (Lee & Fraser, 2001). Many further variants of this taboo could be listed; Blust (2021) reported cases of it from 124 cultural communities, spread widely across the globe. Underlying all these taboos is the idea that certain entities deserve reverence, and pointing is not particularly respectful.

Taboos on pointing with other body parts are also attested. In Laos, there is a general prohibition on pointing with the feet. Wilkins et al. (2007) reported that, whereas the taboo on pointing to people is treated somewhat casually, pointing with the feet is "quickly and forcefully sanctioned" (p. 94). In December of 2008, a sculpture of Santa in only his undergarments caused a stir in Palermo, Italy because his crotch was aimed in the direction of a local church (Lorello, 2008). Such examples highlight another reason that pointing my become taboo: it implies some congress between the pointer and the pointed to, and this congress may be seen as untoward.

Fanciful and diverse as pointing taboos are, all stem from a seemingly universal recognition that the gesture is powerful and must be used with care.

# 2.7. A partner of language

Pointing is sometimes complete on its own, serving as a wordless command, request, greeting, or tip. But more often points come partnered with words, and often those words are *demonstratives* (e.g., Bühler, 1934/1990; Diessel, 1999; Dixon, 2003; Peeters et al., 2021). This class of words—which includes *this, that, here, there, these*, and *those* in English—in many cases requires a pointing gesture or other visual demonstration to make sense, hence the term. "I'll have this one," said pointing to a full pastry case, is incomplete without a gesture that specifies *which* one. Some researchers have thus characterized gesture as an "obligatory" partner to demonstratives (Levelt et al., 1985; De Ruiter & Wilkins, 1998; see discussion in Lücking et al., 2015). This overstates the case, however: *This* and *that* can be used without a pointing gesture if the referent is salient enough for other reasons (Clark et al., 1983; Talmy, 2017). When a man walks into a bar in a head-turning costume, one can refer to him as "that guy," with no point needed. Nonetheless, it is broadly agreed that demonstratives produced along with pointing—sometimes termed "gestural" uses of demonstratives (e.g., Fillmore, 1982)—are more basic than demonstratives produced without pointing.

When demonstratives and pointing gestures join together, they form a special type of utterance (Cooperrider, 2016). A co-demonstrative point is an especially efficient strategy for referring to things (e.g., *That one!*), but only if the viewer can easily determine the intended target; otherwise, it will cause confusion. Thus, when speakers are farther from a target—and so cannot single it out—they continue to point but stop supplementing those points with demonstratives (Bangerter, 2004); conversely, when people have a laser pointer—enabling them to single out a target at any distance—they produce co-demonstrative points all the more (Cooperrider, 2016). There is also evidence that, compared to other pointing gestures, co-demonstrative points tend to be produced with a greater degree of arm extension and held for longer; speakers appear to put more effort into these gestures because they bear considerable communicative load (Cooperrider et al., 2021).

The association between pointing and demonstratives becomes even more interesting in light of certain properties of demonstratives. For one, this word class appears to be found in every human language (Diessel, 1999; Himmelmann, 1996). This is more impressive than it might seem, given that not all languages have adverbs or even adjectives (Evans & Levinson, 2009). Demonstratives are also among children's first words (Diessel & Monakhov, 2022). And, most remarkably, demonstratives appear to be especially ancient. This is inferred from the fact that they cannot be traced to earlier words, that their etymologies cannot be reconstructed (Diessel, 2006).<sup>8</sup> No other word class boasts this last property—indeed, even the most workaday function words usually have discernible roots. For example, *the* can be traced back to an earlier form—the demonstrative *that*, in fact ("the," n.d.). This un-traceability suggests that demonstratives may have been present at the very first stirrings of human language; and, if they were, it was likely along with their steadfast partner, pointing.

Pointing partners with other word classes and phrase types as well, of course. As mentioned, it often joins with personal pronouns like *I* and *you* (Cooperrider, 2014; Fenlon et al., 2019); it also often partners with time words like *now* (Cooperrider et al., 2014). An interesting question is whether, in pointing-word combinations, the point conveys information that *complements* the information in speech or that *echoes* it. Though pointing can do either, studies suggest it tends to echo whatever meaning is present in speech—that is, the two tend to go "hand in hand" (De Ruiter et al., 2012; So et al., 2009). But in certain contexts, such as the Nheengatú practice of pointing to the sun to convey the time of day, pointing contributes essential non-redundant information to a message (Floyd, 2016).

In sum, pointing and speech are perennial partners, but the precise nature of this partnership changes from moment to moment, and context to context.

#### 2.8. A part of language

Outside of discussions of demonstratives, there is not much mention of pointing in linguistics textbooks. The gesture rarely attracts comment in descriptive grammars or dictionaries. Spoken language linguists usually view pointing-like other gestures, facial signals, and vocal modulationsas essentially outside of language, as so-called "paralanguage." With signed languages, however, the situation is different: Pointing pervades signed communication, and serves many of the functions served in spoken languages by pronouns, demonstratives, locatives, and other basic word classes. Personal pronouns—words like I, you, and they—have attracted particular attention; in signed languages, these are produced as points to the signer's own chest, to the addressee, or to a third party (e.g., Friedman, 1975). Debate persists about whether these should be treated as analogous to spoken language pronouns or rather as "mere" pointing gestures (e.g., Cormier et al., 2013; Johnston, 2013b; Meier & Lillo-Martin, 2013; Pizzuto & Capobianco, 2008). On the one hand, speakers also gesture toward themselves, their addressees, and to others when using I, you, and they; on the other, signers' points are more rigidly conventionalized than gesturers' points and thus appear to be more word-like (e.g., Fenlon et al., 2019). There are several other arguments for the pronoun-like status of person points (Meier & Lillo-Martin, 2013). One influential but controversial line of evidence comes from child development: Young signers occasionally show pointing reversals-indicating the addressee when they seem to mean themselves, or to themselves when they seem to mean the addressee---much as young speakers sometimes confuse I and you (Petitto, 1987; but see, e.g., Morgenstern et al., 2016).

Beyond points to persons, pointing signs are used in a range of other ways. One related use is to anchor reference to non-present third parties (e.g., Barberà & Zwets, 2013). If one wants to tell a story about two characters, one might start by pointing to empty space on the left and then right to assign a character to each location; later, one can refer back to those characters by pointing to their assigned locations (e.g., Perniss & Özyürek, 2015), or use the locations to show actions that are directed toward those characters (e.g., Schembri et al., 2018). Signed languages also use points for locative (e.g., Fenlon et al., 2013) and demonstrative functions (e.g., McBurney, 2002). Importantly, such points differ from spoken language locatives and demonstratives in at least one respect: Spoken

<sup>&</sup>lt;sup>8</sup> The claim that demonstratives cannot be traced to earlier words has not gone unchallenged. Copeland (2000), for example, proposes that the Tarahumara demonstrative includes a root for 'hand,' and, accordingly, he describes the form as "a lexicalized manual gesture."

languages make categorical distinctions in their locatives (*near*, *far*) and demonstratives (*this*, *that*), but when signers point, there are no such distinctions—they point to a continuous range of locations.

Pointing also enters abundantly into signed language lexicons. Peruse the dictionary of any signed language and you will find signs of all word classes—nouns, verbs, adjectives—that involve pointing in some way (see Figure 4). Body-part terms are a clear case. In ASL, signs including EYE, NOSE, and CHIN are made by index-finger pointing to these features; terms for larger anatomical regions, such as LEG, BACK, and ARM, are produced by pointing with the whole hand (Pyers, 2006). These lexical items are often distinguished from more ad hoc pointing gestures by iterating the pointing action. Further, signs for concepts related to body parts are often anchored to that part by pointing (Cooperrider, 2014; Kendon, 1980c). For instance, the signs DREAM or FORGET in several sign languages involve a movement in the vicinity of the head.<sup>9</sup> Speakers produce similar gestures (Cooperrider, 2014).

In sum, pointing figures prominently and variously in signed languages. But while signers and speakers use pointing in parallel ways, pointing signs are often more codified than their counterparts in gesture. These points have thus become part of what may be considered language proper.



**Figure 4.** Stills from a sampling of lexical signs in American Sign Language (ASL; top) and British Sign Language (BSL; bottom) that involve pointing. Body-part terms such as EYE and CHIN commonly involve a point, sometimes with the motion reduplicated. Verbs that are conceptually related to a body part—such as KNOW or DREAM—are often anchored to that part, though they may also involve iconic handshapes or motion patterns (All images: www.spreadthesign.com.)

# 2.9. A subject of art

Leonardo da Vinci, with whom we began our discussion, was by no means the first artist to depict pointing. For centuries before he painted the gesture on his canvases and drew it in his sketchbooks, people had been carving it into stone and weaving it into cloth (see Figure 5). An Egyptian house alter from 1350 BCE portrays a royal couple with three children clambering over them; one, a little girl, points with her index finger while looking back toward her mother. A Zapotec cornerstone from

<sup>&</sup>lt;sup>9</sup> Note that these are not cases of "pure pointing" (Kendon, 2004, p. 203), as the movement and handshape add iconic information.

around 200 CE shows a figure pointing as a speech bubble rises from his mouth. The Bayeux tapestry, created in England during the 11<sup>th</sup> century, is rife with pointing fingers; a particularly vivid scene involves a group of men watching—and pointing to—what we now know as Haley's comet (discussed in Cooperrider, 2011).

This brief catalogue barely scratches the surface; pointing has been a fixture of representational art for centuries. Several tropes and traditions can be identified. One depicts people pointing to celestial phenomena. The Bayeux tapestry is a preeminent example; another is an eighteenth-century watercolor from India, depicting Krishna and his family viewing an eclipse (see Figure 5). In Renaissance art, pointing gestures were legion, especially points directed upward in reference to the divine (Sherman, 2010). (A Spanish saying with a meaning comparable to "when pigs fly" translates as "when Saint John points downward," in reference to John the Baptist.) For centuries statues have shown a penchant for pointing. Examples include representations of Christopher Columbus in Barcelona, St. Elijah at St. Peters in Vatican City, Moses in New Orleans, and several statues of Lenin pointing to the future (Figure 6). Alberto Giaccometi's celebrated *Man pointing* (1947) was sold for more than 140 million USD in 2015, the most expensive sculpture ever. Pointing also figures in the postmodern playfulness of more recent decades. *Pointing arm* (1990), by Kevin Wolff, depicts an arm reaching around a mirror and pointing to itself. Michelangelo Pistoletto's *Donna che indica* (1982) shows a woman pointing, her back turned toward the viewer; she is set in a large stainless-steel panel, and the effect is that she points to whatever or whomever is around her.

Why is pointing—and index-finger pointing in particular—so common in art? Even allowing that it is one of our most commonly used gestures in life, it seems unexpectedly pervasive. One reason may be that it is one of few gestures that can be readily recognized in static form. Gombrich (1966) wrote that "because art arrests movement... [it is] restricted in the gestures it can show unambiguously" (p. 395). He added: "You cannot paint even the shaking of the head we use in the West for 'no'." Nor, he might have added, can you easily paint a head-point. But you can paint an index-finger point with no problem: It has a clear handshape and, in contrast to many gestures, is usually held in place, with the arm rising, fixing the target, and pausing at its apex. Another reason for the popularity of pointing is that it can suggest power relations—in Gombrich's (1966) words, it is "a sign of dominance universally understood" (p. 394). In discussing the puzzling prevalence of pointing in Mesoamerican codices, Olko (2014) also keys on its connotations of command and dominance (see §2.5). In the case of statues, pointing is also a natural choice because it places a figure in conversation with a broader setting. By pointing to a building or monument, or in a certain direction, a statue can evoke a grander stage than it otherwise would. But perhaps the primary reason pointing abounds in art is the same reason it abounds in life: It is an unmatched tool for orienting attention. Much of what artists do-or aim to do-is orchestrate attention, and a pointing gesture is a potent tool for doing that. I elaborate on this idea in the conclusion.

In sum, pointing has been a fixture of representational art across cultures and eras, in large part because it is an easily recognizable element of human interaction, because it can convey social meanings of dominance and command, and because it offers the artist a tool for guiding the viewer's attention.



**Figure 5.** Representations of pointing from around the world. *Top left*: Detail of a limestone house altar from Egypt (c. 1350 BCE) depicting Nefertiti, with one of her daughters on her lap. The daughter is pointing toward her father, the Pharoah Akhenaten, and looking back toward her mother (Image: Flickr user kairoinfo4u). *Top right*: A Zapotec cornerstone (c. 200 CE) depicting a figure pointing, as a speech bubble rises from the figure's mouth (Image: author). *Bottom left*: Detail of a watercolor from the state of Himchal Pradesh in India (c. 1775-80) depicting Krishna and his family admiring a solar eclipse (Image: public domain). *Bottom right*: Detail of an undated woodblock print by the Japanese artist Katsushika Hotusai (1760-1849) titled *Two Ladies at Shore; One Pointing* (Image: public domain).



**Figure 6**. Examples of statues pointing. *Left*: The *Monumento a Colón* in Barcelona, Spain. The statue depicts Christopher Columbus pointing east, perhaps toward his birth city of Genoa, Italy (Image: Flickr user David Berkowitz). *Right*: A statue of Moses in the New Orleans botanical gardens. The figure clutches a tablet in one hand and, with the other, points toward the divine (Image: Jordan Davison).

# 2.10. A graphical icon

Beyond its use in particular works of art, pointing has long figured in Anglo-European visual culture as a stylized graphical device. In such uses, pointing is often carried out by disembodied hands—more or less detailed—that float on paper, stone, or screen. For centuries in Europe, beginning at least as early as the 12<sup>th</sup> century, pointing pervaded manuscripts in the form of the *manicule* (from the Latin word for "little hand"; Sherman, 2010). Manicules were small drawings of hands, usually in the margins, with their index fingers extending into the text to mark noteworthy passages (see Figure 7).

a parentidui: ominu deuz: Sicom uado nec infa Cheog iquido patet Rinald Dirim<sup>°</sup>enim Portar cari: q fit va/ Foldin Rinaldo fui copulam Orland feru potioz z Refalic io é o omni Demijuffe mee Dello nellaquale fta lanostra ultima Doftig contic desiderio fiamo subiecti. Ve erfectione molti fono priuati Lunc virtus alhuomo et difuori daesso lui Dellicis in fra . Dentro dalhuomo postono no dallaparte delcorpo:laltro Cui ratio et n httag e delcorpo e/quando leparti Tunere funt che nulla riceuere puo: si co nili. Dallaparte dellanima el che sifa seguitatrice di uitioe tanto inganno: che p quelle i dalhuomo possono esfere si

**Figure 7.** Examples of manicules—small pointing hands—drawn in the margins of books (All images: Flickr user POP [Provenance Online Project]). Manicules were among the most common forms of marginalia for several centuries in Europe. They were often anatomically improbable and sometimes quite ornate.

These drawings were often fanciful, bordering on nightmarish: Some had creepily long index fingers, too many fingers, or fingers twisting in anatomically impossible ways. Others took the form of hands emerging from the bodies of beasts; some were not hands at all, but other human or non-human appendages (Houston, 2013; Sherman, 2010). Beginning in the late 1400s, stylized hands also served as printers' marks (Sherman, 2010). These were not merely an occasional adornment either: Sherman (2010) writes that between the 12 and 18<sup>th</sup> centuries, manicules "may have been the most common symbol produced both by and for readers in the margins of manuscripts and printed books" (p. 29).

Manicules—in the more general sense of disembodied graphical hands—have also long been used in signage and print (McPharlin, 1942). At some point, they were overtaken by the simpler arrow, but they can still be seen wherever old-timey style is visually referenced. One context in which such hands linger on is "fingerposts"—multi-armed road and trail signs that signal the direction and distance of various landmarks. Another is grave markers, which show hands pointing up or, more rarely, down. By some accounts, the upward-pointing version represents "the hope of heaven," whereas the downward-pointing version represents "God reaching down for the soul" and is associated with untimely death (Powell, 2018). Whether in books, signs, or grave-markers, manicules

are now rarely used in earnest. Some claim they became so widespread that the public grew weary of them (Houston, 2013).

People today are perhaps most likely to encounter disembodied pointing hands on their screens. Early versions of the desktop cursor depicted a pixelated pointing gesture, instead of an arrow (Sherman, 2010). (Cursors are also called "pointers," and in some interfaces the cursor converts to a gloved, index-finger pointing hand when hovering over a clickable object.) Currently, the pre-eminent use of pointing icons may be emoji, which are widely used in text messaging and on social media. Pointing emoji have been around since 1991 and are available in four directions—pointing up, down, left, and right (Gawne & McCulloch, 2019). According to Gawne and McCulloch (2019), a common use of them is along with the demonstrative *this*, when trying to direct attention to a post above or below.

In sum, stylized representations of the pointing gesture have been pervasive and persistent in the graphical traditions of the Anglo-European world. Given this history, it is a safe bet that—whatever graphical environments come next—they will also feature the icon of a disembodied, pointing hand.

#### 2.11. A cognitive prop

Pointing is a powerful tool for directing attention, and this includes the pointer's own attention. In Japan, when a train enters a station, an employee may hop out and begin a crisp routine of *shisa kanko* ("point and call") (Richarz, 2017). With no particular audience in mind, the worker proceeds through a series of safety checks, pointing to different targets in the process. The *shisa kanko* procedure is also used in other settings, and there are suggestions that it improves workplace safety (Shinohara et al., 2013: Violato et al., 2022). Similar pointing-for-no-one behaviors can be observed in very young children. One study conducted a hide-and-seek task with 18- to 24-month-old children (DeLoache et al., 1985). The experimenter hid a toy while the child watched; a timer was set, and the child was asked to wait. During the four-minute interval before the children could retrieve the toy, they talked about the to-be-remembered location, looked at it, and pointed to it. Similar "mnemonic" uses of pointing have been observed in 2- to 4-year-old children (Delgado et al., 2011). Informal observations of this type of "private pointing" go back decades and have been used to argue that pointing first emerges in children as a self-orienting behavior rather than a social one (e.g., Lempert & Kinsbourne, 1985).

Private pointing is especially pronounced in the domain of counting. One study had adults look at photos of haphazardly strewn coins—quarters, dimes, and nickels—and count them as quickly as possible (Kirsh, 1995). On half the trials, subjects were allowed use their hands to point to the photo and on the other half were not. When the subjects could point, they counted faster and made fewer errors. Spontaneous pointing behaviors can also be observed in simpler counting tasks, beginning at a young age (Gordon et al., 2019; Saxe & Kaplan, 1981). And this pointing has benefits: Four-year-old children were better at counting arrays of chips when they could touch or point to them—or, interestingly, when a puppet touched or pointed to the chips on their behalf (Alibali & DiRusso, 1999). Adults also point spontaneously in simple array-counting tasks and benefit from doing so; and, if prohibited from pointing, they turn to nodding instead (Carlson et al., 2007). Even chimpanzees (in captivity) spontaneously point when engaging in counting-like behavior, suggesting that the urge to use the hands to orient one's own attention may be deep-seated in our lineage (Boysen et al., 1995) (for more on pointing in great apes, see §2.14).

Pointing-for-self may also be observed during reading. Children often use their index fingers to point to or underline words as they sound them out, though systematic studies are lacking. Adults sometimes do this as well. The print *Temperance* (1559-1560), after Pieter Bruegel the Elder, depicts

a group of figures, hunched over inscriptions, using fingers or tools to follow the words (see Figure 8). In the Jewish tradition, readers of the Torah use ritual pointers called *yads*, which often have a tiny pointing hand at their tip; originally at least, these served to keep greasy fingers off delicate manuscripts. Some speed-reading techniques involve rapidly running the hand under the text while one "reads" it, a practice sometimes called "hand pacing."



**Figure 8**. Detail of *Temperance* (c. 1559-60), a print by Philips Galle, after Pieter Bruegel the Elder (Image: public domain). A group of men are huddled together, absorbed in books. Several are pointing to their texts with writing implements or fingers, in an apparently self-directed manner.

Claims of speed-reading proponents notwithstanding, the possible benefits of pointing-for-self during reading are unknown. Seeing *others* point, however, appears to be helpful. Many educators emphasize the importance of various "print referencing" strategies, including pointing, in getting children to attend to text (Justice & Ezell, 2004), and the benefits of these practices have been observed in a randomized-controlled trial (Piasta et al., 2012). Tracing graphical materials with one's own index finger also appears to have benefits. It has been shown to boost student's learning about temperature graphs (Agostinho et al., 2015), geometry (Hu et al., 2015), the water cycle (Tang et al., 2019), and the human heart (Korbach et al., 2020). A study of people with stroke-induced alexia— the inability to read—found that instructing them to trace letters improved their text-copying and reading ability (Seki et al., 1995). A study of people with aphasia—the inability to speak—found that pointing improved their ability to name common objects (Hanlon et al., 1990) (for more on pointing in special populations, see §2.13).

In sum, across ages, contexts, and subpopulations, pointing proves to be a handy, helpful, and even rehabilitating cognitive prop.

#### 2.12. A developmental milestone

Babies usually begin to point toward the end of their first year (e.g., Capirci et al., 2005; Moore et al., 2019). The gesture is one of their earliest communicative acts—usually preceding their first words by some weeks (Carpenter et al., 1998)-and marks a major milestone in their social development. Other indicating gestures emerge around the same time but have not been as widely studied (e.g., Choi et al., 2021; Moreno-Núñez et al., 2020). One study reported roughly the same timeline for the emergence of pointing in seven very different cultural settings, with children first pointing with their whole hand and then, a bit later, replacing that with index-finger pointing (Liszkowski et al., 2012). What are children doing when they first begin to point? What exactly is it they are trying to communicate? Early studies divided children's first points into those that had an *imperative* function (a nonverbal "I want that!") and those that had a *declarative* function (a nonverbal "Isn't that cool!") (Bates et al., 1975). Not only do these two types of points have different functions, they also tend to have different forms. Imperative points are often produced with the whole hand, whereas declarative points tend to be produced with an extended index finger (Cochet & Vauclair, 2010; Grünloh & Liszkowski, 2015). Many researchers favor a "cognitively rich" interpretation in which these early declarative points reflect the infant's desire to influence others' attention, thoughts, and feelings (Tomasello et al., 2007; see Leavens, 2012 for critical discussion). Some further suggest children may have an information-gathering aim, as pointing often results in a caregiver providing additional information about whatever is pointed to (Begus & Southgate, 2012; Southgate et al., 2007).

The basic timeline surrounding the emergence of pointing is now established, but the deeper origins of this milestone remain mysterious. A variety of accounts have been proposed. One idea is that pointing is "ritualized" from reaching (Vygotsky, 1988; see also Wundt, 1973). On this account, babies will sometimes try to grab objects that are out of reach; over time, they realize that adults often supply the out-of-reach object anyway; in this way, they learn to outstretch their arms toward a desired object-that is, to point. Recent work offers some support for this view by showing that 8-month-old children are more likely to reach toward unreachable objects when adults are present than when they are not (Ramenzoni & Liszkowski, 2016). Another common proposal is that pointing is learned by imitating adults. A recent training study cast doubt on this possibility, however, showing that exposing pre-pointing infants to a veritable pointing bonanza did not change when they acquired the gesture (Matthews et al., 2012). A third idea is that pointing begins as a spontaneous orienting behavior, a way of guiding one's own attention, and is only later co-opted for communication (e.g., Carpendale & Carpendale, 2010; Lempert & Kinsbourne, 1985) (see also §2.11). A fourth proposal, compatible with others, is that pointing originates in touch (e.g., Kettner & Carpendale, 2018). Long before pointing in communicative situations, infants extend their index fingers (Lock et al., 1994; Masataka, 2003; Shinn, 1900), often in the context of exploring objects with their fingertips.<sup>10</sup> Lock et al. (1994) describe this behavior as points "slipping out" (in the terminology used here, it is another form of pseudo-pointing; see §1). A recent set of studies found evidence that pointing has the character of simulated touch even in adults (O'Madagain et al., 2019). When pointing to a sticker on the vertical face of a three-dimensional box, for example, people rotate their wrists as though trying to touch the sticker rather than merely indicate its direction.

Whatever its origins, the onset of pointing offers a glimpse of what is coming next in a child's communicative life. It is possible to predict the words that will soon enter a child's vocabulary by looking at which objects the child is pointing to (Iverson & Goldin-Meadow, 2005). Moreover, the age when children first point to an entity while simultaneously offering a spoken label for it (e.g., a point at a dog with *dog*) predicts the age at which they will produce noun-plus-determiner

<sup>&</sup>lt;sup>10</sup> Similar index-finger-as-probe behaviors have also been described in chimpanzees (e.g., Inoue-Nakamura & Matsuzawa, 1997; Kellogg & Kellogg, 1933, p. 125).

combinations in speech (e.g., *the dog*) (Cartmill et al., 2014). A meta-analysis of 25 studies on pointing and child development corroborated such tight links between pointing proclivities and linguistic abilities (Colonnesi et al., 2010; but see Donnellan et al., 2020 and Kirk et al., 2022 for evidence that the specialness of the link between pointing and language may be overstated). Interestingly, these correlations held only for declarative pointing, not for pointing with an imperative function (see also Salo et al., 2019). One interpretation of such links is that pointing savvy reflects general communication savvy, such that kids who are good at pointing also tend to be good at talking. But it's also possible that pointing guides language learning in a more direct way (Goldin-Meadow et al., 2007). Caregivers often respond to their children's points by offering labels or explanations (Lucca & Wilbourn, 2018), and evidence suggests that "fact-finding" may be part of what motivates children to point in the first place (Lucca & Wilbourn, 2019).

In sum, pointing is a salient milestone in children's communicative development, albeit a milestone with mysterious origins. But nor is pointing merely a milestone—as one researcher put it, the gesture may offer a "royal road" to language (Butterworth, 2003).

#### 2.13. A diagnostic window

Because pointing is such a basic communicative act, it is often used in making diagnoses. It's an outward sign of what is going on inside the mind and body—an index to abilities, proclivities, or deficits we might not otherwise be able to see. Since pointing emerges within a relatively narrow window in typically developing infants—usually between 10 and 14 months (see previous section)— its absence or delay can signal trouble ahead. One study found that children that only point with the whole hand, not the index finger, by 12 months are at greater risk for primary language delay at two years (Lüke, Rohlfing, et al., 2017). Another found that children with primary language delay, compared to their typically developing peers, point less at one year of age and *more* at two years of age (Lüke, Ritterfield, et al., 2017). This latter difference occurs because typically developing children begin to point less by age two, as speech overtakes gesture (e.g., Lock et al., 1994). Among infants with early brain damage, pointing behavior at 18 months predicts whether a child's vocabulary will fall within normal ranges in the second year of life (Sauer et al., 2010).

Pointing can also serve as a diagnostic of more general cognitive profiles beyond communicative competence. Several studies have found that children with autistic spectrum disorder (ASD) fail to understand or produce declarative points (Baron-Cohen, 1989; Goodhart & Baron-Cohen, 1993; for reviews, see Sparaci, 2013; Manwaring et al., 2018). The precise reasons for this failure remain debated and, importantly, some children with ASD do produce points (Manwaring et al., 2018). Children with Williams syndrome also show deficits in producing and understanding points, despite boasting superior vocabulary (Laing et al., 2002). In fact, in an inversion of the typical developmental sequence, children with Williams syndrome usually talk *before* they point, by an average of six months (Mervis & Becerra, 2007).<sup>11</sup>

Pointing is also used as a diagnostic window in adults. It offers a basic form of experimental response in a variety of psychological paradigms; and, as a simple bodily coordination task, it offers a window into motor control (Jones & Lederman, 2006) and a variety of neurological issues (e.g., Berti & Frassinetti, 2000). In the 1920s researchers uncovered a class of deficits—sometimes called "pointing disorders"—that reflect issues with the neural machinery of body knowledge. The neurologist Arnold Pick identified a pair of patients who were able to name parts of their own body when asked, but, mysteriously, were unable to point to them—a disorder that would be classed as

<sup>&</sup>lt;sup>11</sup> This observation suggests that, while pointing may be the "royal road" to language in infants (Butterworth, 2003), it is not the only road.

"autotopagnosia" (Felician et al., 2003). It was later found that this inability may also extend to the bodies of others ("heterotopagnosia"), and that the inability to point to others' body parts can occur despite intact ability to point to one's own (Degos et al., 1997). The presentation of this disorder is puzzlingly specific. One patient, a 41-year-old man, scored almost perfectly on his ability to name and point to his own body parts; he also had no trouble naming the body parts of the examiner, and he was even able to grasp the examiner's body parts if asked. Yet he was completely unable to point to more abstract bodies: They are slightly better at pointing to photographs than actual people, better still at pointing to dolls, and nearly perfect at pointing to line drawings (Cleret de Langavant et al., 2009). A possible explanation for this deficit—though far from a settled one—is that it stems from an inability to see another's body as both subject and object (Cleret de Langavant et al., 2012; see also Tallis, 2010).

Because pointing is a basic way of indicating direction, it is also widely used as an index of spatial awareness (e.g., Nazareth et al., 2019). Lewis (1976), for instance, used a simple pointing task to explore dead-reckoning ability in Aboriginal Australians. He had five Aboriginal men point to distant landmarks or cardinal directions while he stood behind them and checked their accuracy with a compass. The average deviation across 34 targets tested was a mere 14 degrees. A later crosscultural comparison revealed that the accuracy of Europeans' points pales in comparison (Levinson, 2003). A more recent study found that, when asked to point to cardinal directions, all fourteen members of an Aboriginal Australian community were correct to within 10 degrees; of the fourteen Stanford University affiliates tested for comparison, only a third were correct to within 30 (Boroditsky & Gaby, 2010). Further studies have documented remarkable spatial awareness in other indigenous groups, such as the Mbenjele BaYaka people, who point accurately to distant landmarks when in dense rainforest (Jang et al., 2019). Even during storytelling, it appears that when Aboriginal Australians point somewhere, they point accurately (Haviland, 1993). Impressionistically, this contrasts with how many Anglo-Europeans point in conversation. As Schegloff (1984) observed, when American English speakers point to non-visible locations, they are not necessarily pointing accurately, as when "two people referring to the same place... point in different directions" (p. 280).

Thus, throughout the lifespan, whether one points—as well as when, how, and where—offers vital clues to what is going on in one's mind and brain.

### 2.14. A cross-species litmus test

Pointing is frequently touted as a uniquely human communicative behavior, one that does not come naturally even to our closest primate cousins (Povinelli et al., 2003; Tallis, 2010; Tomasello, 2006). This uniqueness claim has not gone unchallenged, however. One study reported the following field observations of bonobos in Zaire:

Noises are heard coming from the vegetation. A young male swings from a branch and leaps into a tree... He emits sharp calls, which are answered by other individuals who are not visible. He points— with his right arm stretched out and his hand half closed except for his index and ring fingers—to the position of the two groups of camouflaged observers who are in the undergrowth. (Veà & Sabater-Pi, 1998, p. 289)

<sup>&</sup>lt;sup>12</sup> A common behavior during examinations of heterotopagnosic patients is "self-referencing," in which patients respond to requests to point to an examiner by pointing instead to themselves, sometimes with a comment like "your nose… is here… behind my nose" (Cleret de Langavant et al., 2009, p. 1749).

For years this was the only account of pointing by a primate in the wild. Other possible cases have since come to light, produced by bonobos when attempting to initiate genital rubbing (Douglas & Moscovice, 2015) and by chimpanzees when reaching with an open hand toward desired objects (Hobaiter et al., 2014). The researchers reporting these latter observations admit, however, that chimpanzee pointing, even if it is attested, appears to be "vanishingly rare" in the wild (Hobaiter et al., 2014, p. 84) and that the interpretation of the few documented cases remains fraught. Chimpanzees and bonobos do seem to regularly direct each other's attention using other spatially anchored gestures (see Table 1), such as "directed scratching" (Pika & Mitani, 2006) and beckoning (Genty & Zuberbühler, 2014). Note that these chimpanzee and bonobo gestures—like those used to initiate genital rubbing or request objects—all serve an imperative function (see §2.12). There is thus no question that primates in the wild behave in ways that steer attention; what remains debated is whether they *try* to steer attention in the overt ways that humans do, whether they steer attention for similar reasons, and whether they do this by *pointing*.

While chimpanzee pointing in the wild remains debatable, the fact that apes point in captivity is well established. Such pointing has nonetheless usually been thought marginal—imperative rather than declarative, produced only for humans and never for other apes, and often involving the full hand, except where cage mesh induces finger extension (for a critical review, see Leavens, 2012). A counterpoint to these claims, as Leavens (2012) notes, is that apes trained to use signs from a natural human language do point declaratively and with the index finger (see Gardner & Gardner, 1969; Lyn et al., 2011). The chimpanzee Washoe used the ASL signs I, YOU, HEAR, and UP, all of which involved index-finger points. Recent results also suggest that captive chimpanzees use pointing as a truly flexible signal, raising their arms higher to point to further targets (Gonseth et al., 2017; Roberts et al., 2014)—much as humans do (e.g., Mesh, 2021; see §2.4)—and adapting their gestures in other ways to fit the communicative context (Tauzin et al., 2020). In short, apes are in fact able to point—declaratively and flexibly—provided sufficient human scaffolding and interaction, but they can hardly be said to have a natural proclivity for pointing.

As debates about chimpanzees continue, research on animal pointing has broadened out considerably. Recent studies have examined the putative production of pointing (and related attention-directing gestures) in mangabeys, dogs, horses, dolphins, and magpies, among others (Krause et al., 2018). Such behaviors do not look like canonical index-finger pointing, of course many of these animals, after all, do not have fingers. Rather, these signals are other bodily acts that seem intended to direct attention, such as poking a rostrum (in dolphins; Xitco et al., 2001) or projecting a beak (in magpies; Kaplan, 2011). Also discussed in this context are other forms of indicating, such as presenting gestures like proffering food (e.g., in ravens; Pika & Bugnyar, 2011) (see Table 1). In a few cases, these pointing-like movements involve additional features that would seem to mark them as signals rather than as practical actions, much as non-manual pointing in humans involves signal-establishing features (see §2.4). For instance, during collaborative hunting with eels, grouper fish signal the location of hidden prey by orienting their bodies vertically over the hiding spot and producing headshakes (Bshary et al., 2006; Vail et al., 2013). But are these flexibly deployed signals? Might they reflect the signaler's arousal rather than any communicative intention? These and other difficult questions leave skeptics quick to dismiss pointing-like behaviors in animals as "merely instrumental" (see Kaplan, 2011).

A parallel branch of research focuses, not on whether animals naturally point for each other, but on whether they understand human pointing (Krause et al., 2018). The question is more experimentally tractable, permitting tidy designs and clever manipulations; it thus provides a litmus test that can be applied across diverse taxa. Most studies on this question use a variant of the "object choice paradigm" (e.g., Hare et al., 1998). In this set-up, an experimenter tries to cue an animal to the presence of food in one of two locations (e.g., buckets on right and left) by pointing to the correct location. If the animal takes the cue rather than guesses randomly, this suggests an understanding of

the gesture's function. An influential early finding using this method was that domestic dogs tend to take the cue, but chimpanzees do not (Hare & Tomasello, 2005). This suggested that dogs may have evolved to understand pointing over their millennia-long partnership with *Homo sapiens*. Work since has offered a more mixed picture. Some researchers have presented evidence that interactions over an animal's lifespan are more critical than genetic inheritance: It was reported that wolves who have interacted regularly with humans understand pointing, while domestic dogs who have not interacted with humans do not (Udell et al., 2008). Two more recent studies, however, have supported the idea that dogs have an evolved ability to understand human cues such as pointing: one showed that, already at 5-18 weeks, domestic dog pups outperform wolf pups at reading such cues (Salomons et al., 2021); another found, in a large sample of 8-week-old dog pups, that sensitivity to human pointing emerges early and is highly heritable (Bray et al., 2021).

Beyond primates and dogs, the issue of pointing understanding has now been examined in capuchins, sea lions, elephants, bats, pigs, goats, cats and other species, with many studies reporting some degree of success (Krause et al., 2018). Importantly, even species that succeed on such tasks do not necessarily succeed at levels comparable to human adults. On a standard object choice-task with two options, chance performance is 50%; the much-trumpeted success of African Elephants, for example, consisted of correct responses on 68% of trials (Smet & Byrne, 2013). From this still expanding and sometimes conflicting literature on animal pointing, a few generalizations emerge. Interaction with humans over the lifespan improves understanding of human pointing (Krause et al., 2018), and domestication processes do seem to have given some species a heightened sensitivity to human gestures. Further, animals from diverse habitats and taxa, and with widely different bodyplans, behave in ways that steer the attention of their conspecifics; perhaps the thorniest question is whether they direct attention with the same kinds of motives and intentions that humans do.

In sum, the refrain that "animals don't point" is too coarse. But there is little question that there is something about pointing that is characteristically human if not uniquely so.

#### 2.15. An evolutionary stepping-stone

Several scholars have cast pointing in a starring role in the emergence of language. This casting decision makes sense in light of some of the ways of looking at pointing already considered. If pointing is a semiotic primitive, the "simplest of the simplest" way of meaning something (see §2.1), it was probably present right at the beginning. If the words most closely associated with pointing—demonstratives—are impossible to trace to earlier words (see §2.7), perhaps both pointing and demonstratives belong to the oldest bedrock of human language (e.g., Diessel, 2006). If pointing is among the first forms of communication used as a child develops (see §2.12), maybe it was also among the first forms of communication used as humankind developed (e.g., Meguerditchian et al., 2011). If our closest cousins only "sort of" point—that is, under the right circumstances, but mostly with brutish motives (see previous section)—perhaps it was the development of full-blown declarative pointing that marked the separation of humans from beasts (e.g., Tallis, 2010; Tomasello, 2008). Semiotically simple, apparently ancient, developmentally privileged, distinctively human—why not then, suppose pointing was also evolutionarily primordial?

The idea that pointing served as an evolutionary stepping-stone is tied up with the more general notion that language began in the hands. This "gesture first" idea has deep roots (e.g., Hewes, 1973; for discussion, see Kendon, 2017) and remains popular today (Arbib et al., 2008; Corballis, 2008; Tomasello, 2008), though it has also met with criticism (e.g., Levelt, 2004). Beyond the intuitive "gesture is primitive" rationale supporting such accounts, a widely bruited argument is that great apes, our closest cousins, use gestures more flexibly than vocalizations (e.g., Pollick & de Waal, 2007). The same was likely true of our last common ancestor, and so, goes the logic, the gestural modality

was probably better suited for the emergence of flexible communication in the human line. An emerging alternative to gesture-first theories is what might be called "multimodal-all-along" views (e.g., Fröhlich et al., 2019; Kendon, 2017). Some in this latter camp deny a privileged role for gesture over speech, but nonetheless give pointing pride of place among the earliest "strata" of multimodal language (e.g., Levinson & Holler, 2014).

Among gesture-first accounts, the role of pointing varies. Some do not specify which types of gestures came first (e.g., Corballis, 2008), while others stress the importance of pantomime—that is, imitations of actions produced without speech—or other forms of iconic gestures (Arbib et al., 2008; Mallery, 1882; Zlatev et al., 2020). Some posit that, at first, pointing and iconic gestures were used in concert to form simple utterances (Planer & Sterelny, 2021). A few scholars, however, have granted pointing special primordial status (e.g., Hewes, 1996). Trân Đức Thảo proposed that pointing evolved in the context of hunting on the open savannahs of Africa, and that language followed from it (Thảo, 1984; discussed in Hewes, 1981). Tomasello (2008) has also argued that pointing was "the primordial form of uniquely human communication" (p. 3). For Tomasello, what is most distinctive about our species is a cooperative mode, and he sees pointing as a basic tool of cooperative communication. Others have outlined detailed accounts of the steady elaboration of human communicative competence, extending from pointing to full-blown grammar (Bejarano, 2011; Rolfe, 1996). Such "pointing first" proposals have occasionally met with skepticism. Bühler (1934/1990) commented, with derisive tone, on the "myth of the deictic origin of language" (p. 100; see Diessel, 2012). By this he meant the idea, popular in his day, that "what is specifically human... begins with the genuine deictic gesture, and the rest inexorably emerges from it" (p. 101). Perhaps the idea seems far-fetched. But as Bühler noted a beat later: "Myths need not be false."

In sum, several scholars have posited that pointing played a key role in the emergence of distinctively human language and communication. The idea is compelling given the gesture's semiotic status, its relationship to spoken demonstratives, its prominence in child development, and its apparent scarcity in other primate species.

### 3. Conclusion

The cognitive scientist Elizabeth Bates—who, among other contributions, pioneered the study of infant pointing—observed that when you look at something for long enough, you start to see it as having "cosmic importance" (Bates, 1979, p. 33). You start, as William Blake put it, to see the world in a grain of sand. I am not the first to see a world in pointing. Bates herself perhaps did, as did Tallis (2010), who wrote: "How small the index finger and how great its effect" (p. 143). Pointing may not contain the world, but there is little doubt that it contains multitudes. In it we find a declaration, command, question, reproach, jibe, citation, or transgression; we have a highlighter, a crystal ball, a spy-hole, and a spring-board; we see a gesture that not only indicates but greets, mocks, offends, and aggresses; we find an act that is proscribed, stylized, and grammaticalized. And though the gesture has been the subject of scrutiny and scholarship for centuries, questions remain about how and why it is used (Table 2).

Pointing is, in a word, multitudinous—but not only in the sense that it has been viewed in different contexts and from different perspectives. It is also multitudinous in that it embraces certain tensions or dualities. A first duality is that pointing is both natural and cultural—universal in certain respects and diversely elaborated in others. The gesture is pronounced in all human groups ( $\S2.4$ ), in both spoken and signed communication ( $\S2.7$ ); is remarkably pervasive across contexts ( $\S2.3$ ); and emerges spontaneously and reliably in infants ( $\S2.12$ ). But it is also indelibly shaped by culture in terms of the forms it takes ( $\S2.4$ ), the practices it is recruited into ( $\S2.3$ ,  $\S2.5$ ,  $\S2.11$ ), and the prohibitions that govern it ( $\S2.6$ ).

A second duality is that pointing is simple but sophisticated, by turns elementary and elevated. On the one hand, it is part of the bedrock of meaning-making ( $\S2.1$ ): It can be used and understood without speech ( $\S2.7, \S2.9$ ); by children who have not yet acquired spoken language ( $\S2.12$ ) (or never will  $\S2.3$ ); in simple diagnostic tasks with special populations ( $\S2.13$ ); by language-trained apes (\$2.14); and perhaps even by humans at the dawn of language (\$2.15). On the other hand, pointing can leverage the full machinery of human meaning-making: It is used to refer to entities that are distant, invisible, abstract, or imagined (\$2.3); to fill a variety of social functions (\$2.5); and is tailored in form to meet discourse needs and cultural norms (\$2.4).

A third duality is that pointing can be alternatively highly salient and strategically subtle. As Peirce emphasized, it "forcibly directs" the eyes: It is readily understood in social interaction, even by young children ( $\S2.3$ ); frequently leveraged in art ( $\S2.9$ ) and graphical media ( $\S2.10$ ); and is so salient that it is even used to direct one's own attention (\$2.11). Yet part of the utility of pointing lies in its quiet nature (\$2.3), and some forms of pointing appear to be specifically designed to be inconspicuous (\$2.4) or inoffensive (\$2.5, \$2.6).

A fourth and final duality is that the prototypical form of the gesture—index-finger pointing is special in some respects and not so special in others. Index-finger pointing appears to be prominent in all communities ( $\S2.4$ ), among both speakers and signers ( $\S2.7$ ); it emerges at a young age and is more closely linked to language development than other kinds of pointing ( $\S2.12$ ); it is the form of pointing most often subject to taboos ( $\S2.6$ ) and most widely featured in visual culture ( $\S2.9$ ,  $\S2.10$ ). But index-finger pointing is far from the only type of pointing, whether in children or across cultures ( $\S2.4$ ,  $\S2.7$ ); nor is it the only type of pointing-like behavior that is used and understood by nonhuman animals ( $\S2.14$ ); and, in fact, when the extended index finger is conflated with the act of pointing, confusions arise ( $\S2.4$ ,  $\S2.6$ ,  $\S2.12$ ).

It is tempting to propose that these dualities explain why pointing has drawn so much attention from thinkers over the centuries. But such a claim would be, in many cases, ahistorical, and I think the explanation is far simpler. Take Leonardo, the thinker with whom we started. The puzzle of what drew him to the gesture is probably unresolvable, but I would venture he was not interested in pointing per se. Rather, he may have been foremost interested in *attention*, and his interest in pointing may have been just a natural extension of this broader, deeper fascination. He was intrigued with the nature, dynamics, and mysteries of human looking, particularly its anatomy (e.g., the workings of the human eye) and geometry (e.g., issues of perspective) (Isaacson, 2017). As a painter, he understood his task was to capture and guide the attention of his audience. He must have recognized that, in art as in life, pointing is an unmatched means of doing just that. No wonder he was "mesmerized" (Isaacson, 2017, p. 474).

**Table 2.** Unsettled questions for further research

How do people—and perhaps other creatures—mark their pointing actions as ostensive? What types of *signal-establishing features* are effective? (see §1, §2.4, §2.14)

Why is pointing so pervasive in humans? When and why is it used instead of speech? (see §2.3)

Why is index-finger-extended pointing favored over other forms of pointing, at least in Western Educated Industrialized Rich Democratic (WEIRD) settings? And why is non-manual pointing (e.g., lip-pointing) more common outside of WEIRD settings? (see §2.4)

Why is index-finger pointing considered aggressive? Why is it so widely tabooed? (see §2.5, §2.6)

How precisely do pointing signs and pointing gestures differ? (see §2.8)

Why is pointing so commonly represented in art, including in paintings and statues? (see §2.9)

Why do children (and sometimes adults) point to text as they read it? Is this behavior helpful? (see §2.11)

Why do children point initially? Do such early points emerge out of reaching, touching, or both? (see §2.12)

Why does pointing in young children predict later linguistic abilities? What correlational and causal relationships explain this link? (see §2.12, §2.13)

What is the nature of the underlying deficit in autotopagnosia and heterotopagnosia? (see §2.13)

If chimpanzees are able to point in captivity, why do they not point (or not point much) in the wild? (see §2.14)

What motives and intentions are involved when diverse animal species produce pointing-like behaviors? What inferences do they make when they see human pointing? (see §2.14)

What may have been the role of pointing—alongside pantomime and other iconic gestures—in the evolution of language? (see §2.15)

This suggestion about Leonardo may also shed light on the larger puzzle of why generations of scholars, artists, and scientists have been so mesmerized by pointing—and why they have seen it from so many different angles. Perhaps the answer lies in our preoccupation with attention. Today, attention is increasingly described as a major currency of social and cognitive life—an idea reflected in phrases like the "attention economy" and books with titles like *The Attention Merchants*. This attention-as-resource framing may be new, but the truth behind it is old. Our species' preoccupation with attention—with monitoring, steering, controlling, disguising, and advertising it—is long-standing, deep-seated, and perfectly embodied in the pointing gesture. It's a preoccupation—and a gesture—that emerges in the first year of life and is likely as ancient as language itself. So here we find another duality at the heart of pointing: it is special in some ways—as perhaps our species' preeminent attention-management tool—but it is not unique in this capacity. We have many other ways of directing attention, and we infer others' attention from countless other behaviors. Yet no

other attentional tool is so unmistakable, so flexible, so handy, and so powerful as the pointing gesture.

Ultimately, then, the human pointing gesture may be like the "finger pointing to the moon" in the well-known Zen saying. The saying—popularized by Bruce Lee in the 1973 film *Enter the Dragon*—offers an analogy: the pointing finger is some lesser thing that people mistakenly focus on instead of the greater thing (i.e., the moon) that it points to. In a similar way, though much research has focused on the pointing gesture—and on its prototypical index-extended form—perhaps more important than the gesture itself is what it indicates: our distinctively human preoccupation with attention. The human pointing gesture—in whatever guise it appears—is a symptom and symbol of this broader fixation. In trying to understand the gesture's ubiquity and multidimensionality, future work might thus do well to look beyond index-finger pointing, certainly, but also beyond pointing per se. We might be wise, in other words, to heed the words of Bruce Lee: "Don't concentrate on the finger, or you will miss all that heavenly glory."

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Author address kensycoop@gmail.com

### About the author

Kensy Cooperrider is cognitive scientist, writer, and podcaster. He received his PhD from UCSD in 2011 and subsequently held postdoctoral appointments at the University of Chicago and Northwestern. He is the host of the podcast *Many Minds* and a part-time lecturer in the Department of Cognitive Science at UCSD. Kensy's research explores the intersections between language, culture, body, and mind. Major foci of his work have included gesture and sign language; metaphor and analogy; and diversity and universals in communication and cognition. His dissertation focused on pointing, a topic he can't seem to leave behind.